



HEALTHY START RESOURCES AVAILABLE– MARCH 2017

**** Healthy Start clients need referral from their care coordinator**

****CHILDBIRTH EDUCATION CLASSES:**

Bayfront Baby Place

website: www.bayfrontstpete.com

(To register first click events and then view our events)

Patricia Kautz

727-290-1310 ext 5

727-290-1345 fax

****MENTAL HEALTH SERVICES:**

Suncoast Center, Inc.

727-327-7656 ext. 4223

Lesley Norris

FAX: 727-327-0566 or 727-536-7867

Please fax ATTN: Lesley J Norris

Community Counseling at Empath Health

Professional bereavement and grief counseling for those experiencing a pregnancy related loss or death. Counseling extended to all family members, including children.

Services are offered at 3 locations in Pinellas County 727-523-3451 or

727-523-2358

****DIETITIAN:**

Sarah Krieger (sarah@sarahkrieger.com)

727-460-1413

****BREASTFEEDING SUPPORT/EDUCATION:**

727-231-4670

Cat Halek (cathalek@gmail.com)

CERTIFIED HEALTH NAVIGATOR: Liz Ruiz

727-637-9410

****DOULA SERVICES: Mari Villavicencio**

727-798-8993

****FITNESS Nu Body Fitness**

727-564-7485

Natasha Walker

727-914-3870 fax

****Each program has its own eligibility requirements. Please call for more information.****

If you have questions about flyer, call Maria Dacosta at 727-507-6330 ext.226