## Healthy Start Coalition of Pinellas, Inc. Annual Report Fiscal Year 2018-2019

The mission of the Healthy Start Coalition of Pinellas, Inc. is to promote and support healthy pregnancies, babies and families by providing services and facilitating access to community resources.



Pregnant women and newborns are screened statewide using the Healthy Start Risk Screening tool to identify factors leading to poor health/developmental outcomes. Services are based on need and not insurance or income.

7.890

Pregnant women & infants born

93%

of all pregnant women screened

97%

of all newborns were screened



#### **Coordinated Intake and Referral Unit**

**R1%** 

of all pregnant women were referred to CI&R

71%

of pregnant women were referred based on their request

Nearly 50%

of all pregnant women were contacted by CI&R

44%

of all expectant families contacted by CI&R were connected to Home Visiting



Affiliate

**Supporting Parents in Recovery** 

218

families served

90%

of infants & toddlers received their well child visits

100%

of families experiencing family violence received education, support, and were referred to services



#### **Healthy Start Program**

Services include parenting, childbirth education, counseling, breastfeeding support and smoking cessation.

424 women & 328 infants were served

100%

of infants screened were on track developmentally

100%

of moms who indicated depression received mental health services

67%

of parents who reported to be smokers either quit or reduced smoking



34

Reviews of fetal and infant death

Nearly 25% of families were interviewed

More than 50 state and local recommendations were made

Based on the reviews we increased Doula services, Counseling and expanded training for Home Visiting staff including Trauma Informed Care, Childbirth, and Interconceptional Care

# Wrap Around Services

#### Providing additional support for Healthy Start clients

Mental Health Counseling-Uninsured families were able to receive mental health services at no cost Doula Services- Improved rates of breastfeeding, lower rates of pre-term birth and C-sections

Dietitian Services- 100% of families surveyed reported increasing their knowledge about nutrition

Lactation Services- 100% of families surveyed reported increasing their breastfeeding knowledge

100% of families surveyed would recommend services to a friend

# **Beds 4 Babies**

332

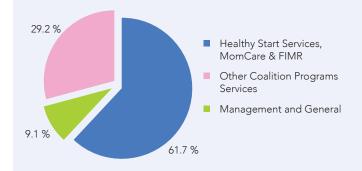
Infants received a safe and separate place to sleep & all families received safe sleep education

100%

of families increased their knowledge of safe sleep practices

100%

of these families celebrated their baby's first birthday



More than 90% of the Coalitions total FY 18-19 expenditures of 2.97 million dollars were for program services. In addition to funding Healthy Start services for pregnant women, moms, babies and their families, the Coalition also:

- Received 744,079 in state and federal funding for Maternal Infant and Early Childhood Home Visiting (MIECHV) Parents As Teachers+ Program
- Received \$135,521 in-kind services and donations
- Had volunteers donate 1,062 hours

#### Thank You To Our Funders:







Bayfront Baby Place

Gladis Rubio, IBCLC

Empath Health















#### Thank You to our Providers:

Florida Department of Health in Pinellas County Juana Maria Villavicencio, CCCE, CLD Laurie Goodrich, RN Sarah Krieger, MPH, RDN Suncoast Center, Inc. Women's Care Florida

### Thank you to our supporters:

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www.healthystartpinellas.org

Giving Pinellas babies a

Healthy Start
Since 1992



info@healthystartpinellas.org • www.healthystartpinellas.org 4000 Gateway Centre Blvd. • Suite 200 • Pinellas Park, FL. 33782 • (P) 727-507-6330