

# Are you interested in becoming a Certified Doula?

**WE WANT TO MEET YOU!**



## What is a Doula?

A doula is a trained non-medical professional who provides continuous physical, emotional and informational support to their client before, during and shortly after childbirth to help them achieve the healthiest, most satisfying experience possible.

A doula is an important part of the birth team. The doula builds a relationship with the client during pregnancy, providing guidance and education during the last trimester. The doula prepares the client for labor by reviewing the client's birth plan and practicing comfort measures that will be used during labor. The doula is generally present during the client's labor, and is there to empower and support the client during labor. The doula also works with the client after delivery, ensuring the client is well connected to resources including lactation support after delivery. A doula typically works with 1-4 clients per month.



**Please contact Anna Tsiorka  
Doula Program Coordinator**

**[DoulaProgram@HealthyStartPinellas.org](mailto:DoulaProgram@HealthyStartPinellas.org)**

**[www.HealthyStartPinellas.org/doula](http://www.HealthyStartPinellas.org/doula)**

**727-249-8589**

## What training is required to become a doula?

Healthy Start Doulas are required to be certified. Healthy Start Coalition Pinellas is a proud provider of the G.R.O.W. Doula Model, which offers the education and training to become a certified doula. [www.growdoula.org](http://www.growdoula.org)

## How much does this training cost?

Healthy Start Coalition Pinellas is sponsoring 20 eligible individuals in June 2024 to receive the training and exam fees at no cost to you. Please submit scholarship request, which can be found at [www.healthystartpinellas.org/doula](http://www.healthystartpinellas.org/doula)

## How do I know if I'm Eligible?

- You are willing to serve clients in Pinellas County
- Submit Scholarship request to the Doula Program Coordinator via email
- Attend a virtual information session in May
- Interview with Coalition Staff

## How long is the training?

The training is a three day in-person training held on June 28th, 29th, 30th. Virtual attendance is not offered. Upon completion of the training, you must pass the certification exam to become certified.

## What can I do after I'm certified?

- You can apply to contract with and be paid by Healthy Start Coalition Pinellas
- You can choose to work with private pay clients



**Scholarship Application**  
 Certified Doula Training

Please submit the completed application to the Doula Program Coordinator, Anna Tsiorka at [doulaprogram@healthystartpinellas.org](mailto:doulaprogram@healthystartpinellas.org) Please contact us if you have any questions 727-249-8589

<b>Applicant Information</b>	
First Name	
Last Name	
Email address	
Phone Number	
Address	
City	
Zip Code	
County Of Residence	
What race do you identify as?	
What ethnicity do you identify as?	
Are you a Medicaid recipient?	
Do you have children?	
If yes, how many?	
Highest level of education:	
Estimated household income?	
Are you legally authorized to work in the United States?	
Language(s) in which you are comfortable providing services:	
Do you have reliable transportation?	
Do you have a valid driver's license?	

<b>References</b>	
Are you currently employed?	
May we contact them for a professional reference?	
If yes, please list employer and employment status (full time, part time, etc.):	
Job Title:	
Start date:	
Employer's address:	

Employer's Phone number:	
Does your employer allow outside employment. Will your employer aware of this application?	
If not employed, please provide a personal reference	
Name	
Relationship	
Phone Number	

<b>Background and Experience</b>	
Are you willing to serve clients in Pinellas County?	
How long have you lived in the Tampa Bay Area?	
Are you familiar with community resources and social services in Pinellas County?	
List of community activities and/or previous volunteer work in the community:	

<p>Do you know anyone who works for Healthy Start Coalition Pinellas? If yes, please provide their name.</p>	
<p>Please describe what draws you doula work?</p>	
<p>Do you have any maternal-child health experience? If so, provide details.</p>	
<p>Do you plan to work as a doula full time or part time? Please provide any details (This includes being on-call and available 24 hrs/day for clients as they approach their due date.)</p>	
<p>How many clients would you like to work with per month?</p>	
<p>Share why this training is important to you? What goals are you hoping this Certified Doula Training will help you achieve?</p>	
<p>Have you completed/passed a Level II background screening within the last 5 years? If no, would you be willing to undergo a Level II background screening in accordance with local laws/regulations? We will help you coordinate this.</p>	
<p>Are you CPR Certified? If yes please provide dates valid?</p>	
<p>Are you vaccinated for the Flu and/or COVID-19 or are willing to get vaccinated when working in medical</p>	

facilities? Please note, Florida Statute §381.00317 allows various vaccine exemptions for Florida employees and subcontractors.	
How did you hear about this opportunity? Social Media, from an organization, flyer, etc.	
Please use this section for any questions, comments or additional details you would like to disclose for the Healthy Start Coalition Pinellas County to review.	
Date of Signature	
Electronic Signature	

**What are the next steps?**

1. Submit your application by May 19, 2024 to [doulaprogram@healthystartpinellas.org](mailto:doulaprogram@healthystartpinellas.org)
2. Your application will be reviewed by the Healthy Start Coalition Pinellas Doula Team.
3. You will be asked to attend a virtual Q&A Session, hosted by the G.R.O.W. Doula Trainer, which will be scheduled by the end of the May/Early June.
4. If selected, you will be asked to attend an interview with the Healthy Start Coalition Doula Team.

Please feel free to contact Anna Tsiorka, Doula Program Coordinator with any questions you may have.

[doulaprogram@healthystartpinellas.org](mailto:doulaprogram@healthystartpinellas.org) (727) 249-8589

**The GROW Doula Certified Doula Training will take place June 28, 29, 30 in Pinellas County.**

June 28 5:30 PM-7:30 PM June 29 & June 30 8 am to 5 pm.